

NRTC - COVID Guidance

The Prime Minister has asked all of us to exhibit all the traits of good British Common sense.

Key points

Don't come to the Club if you have any COVID symptoms. Seek medical attention.

Don't change at the club, come dressed to play.

Bring your own hand towel and water bottle.

Toilets may be used, wash your hands thoroughly afterwards.

Get in and out smartly. 45 mins play only unless the following slot is not booked.

No socialising in the club or its grounds

Touch nothing that you don't have to.

Be sensible, respect others & government guidelines, and don't forget that we are all in this together.

If the pro is not in attendance, please wipe down all surfaces that you may have touched including door handles & toilets.

At the Club

Observe social distancing.

Follow T&RA Doubles guidelines: Keep to one side or another or one forward, one back.

Changing rooms, showers, kitchen & bar are strictly out of bounds.

Toilets are in use. Hand washing essential after use. Please bring your own towel to dry your hands and keep it your kitbag. Your bag may be left in the Club room / Office.

No spectators.

No socialising at all in the club. Leave smartly after your booking.

Comply with social distancing.

Arrive at the club dressed for tennis. If you need to change your shoes, do so in your car.

Please wait until the previous players exit the building. You'll know if there are any by checking your own booking in advance.

It is recommended that you use a glove on your ball hand. Bring your own. Disposable gloves & anti bacterial wipes available if you've forgotten.

Do not hand balls to the new server. They should pick up their own.

As players, please ensure you respect the next booking by leaving the court 15 minutes before the end of your hour and wave happily to the next players in the car park.

Pro's responsibilities

Ensure players arrive in tennis kit. Send them away if not.

Do not allow players access to the club if previous players have not departed.

Emphasise that changing rooms are out of bounds. Only toilets may be used.

Ensure players leave the court after 45 minutes.

Clean all door handles, including outer door, light switches, stair rail (if ladies present), hand basins, toilets, ball trough, central post, ball basket handle & scoring balls after each game. This list is not exhaustive, use your initiative.

Promote good social distancing